

Dr. Brené Brown is a research professor at the University of Houston, where she holds the Huffington Foundation Endowed Chair at the Graduate College of Social Work. Brené is also a visiting professor in management at the University of Texas at Austin McCombs School of Business.

She has spent the past two decades studying courage, vulnerability, shame, and empathy; is the author of six #1 *New York Times* best sellers; and is the host of the weekly Spotify original podcasts *Unlocking Us* and *Dare to Lead*.

Brené's books have been translated into more than 30 languages, and her titles include *Atlas of the Heart, Dare to Lead, Braving the Wilderness, Rising Strong, Daring Greatly,* and *The Gifts of Imperfection.* With Tarana Burke, she co-edited the best-selling anthology *You Are Your Best Thing: Vulnerability, Shame Resilience, and the Black Experience.* 

Her TED talk on the Power of Vulnerability is one of the top five most-viewed TED talks in the world, with over 50 million views. She is also the first researcher to have a filmed lecture on Netflix. *The Call to Courage* special debuted on the streaming service in April 2019.

Brené lives in Houston, Texas, with her husband, Steve. They have two children, Ellen and Charlie.